

Health Information Night

Ca. Healthy Youth Act

January, 2019



Welcome

Introductions

Tonight's Objectives

- ▶ Provide clarity on the law (CHYA)
- ▶ Learn what resources are available
- ▶ Provide clarity on what the curriculum is and what your children will receive
- ▶ Provide enough information so parents can make an informed decision if you want your children to participate in Comprehensive Sexual Health and HIV Education



Mutual Agreements

- ▶ We will maintain a safe space for learning and discussion
 - ▶ Respectful and thoughtful participation
 - ▶ Wait for your turn to speak
 - ▶ Stay on topic within each segment
 - ▶ Be open to the presentation, this is not a space to debate or change the process
 - ▶ Q & A at the end of each segment
- Use of 3 x 5 cards for questions (if need be)



Agenda

California
Healthy Youth
Act

Parent
Options

Notification &
Information

Lesson
review



1. California Healthy Youth Act (CHYA) 2016

● Requirements of the Law

California Healthy Youth Act (CHYA)

- ▶ Purpose: protect and promote good health and safety
- ▶ Strengthens and clarifies required content - some new required topics
- ▶ More inclusive tone and prohibits discrimination - expands and strengthens existing requirements that instruction and materials be appropriate for students of all sexual orientations and genders



Curricular Requirements

All components align with and support the purpose of the California Healthy Youth Act

At least once in junior high/middle school and at least once in high school, starting in grade 7

Tone and content consistent across all instruction and materials

Recognize that people have different sexual orientations and include same-sex relationships in examples



Curricular Requirements

Ca Health Standards (March 2008)

Grade-Level Emphasis	Nutrition and Physical Activity	Growth, Development, and Sexual Health		Injury Prevention and Safety	Alcohol, Tobacco, and Other Drugs	Mental, Emotional, and Social Health	Personal and Community Health
		Growth and Development	Sexual Health				
Kindergarten	✓	✓		✓	✓	✓	✓
Grade 1		✓		✓			✓
Grade 2	✓				✓	✓	
Grade 3		✓				✓	✓
Grade 4	✓			✓	✓		
Grade 5	✓	✓	✓				✓
Grade 6				✓	✓	✓	
Grades 7 and 8	✓	✓	✓	✓	✓	✓	✓
High School (Grades 9 Through 12)	✓	✓	✓	✓	✓	✓	✓

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California Healthy Youth Act (CHYA)



Encourages students to communicate with **parents, guardians, or other trusted adults** and provides knowledge and skills necessary for these discussions

EDUCATION CODE 51933



ED Code 220

No person shall be subjected to discrimination on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any other characteristic that is contained in the definition of hate crimes set forth in Section 422.55 of the Penal Code...



Cardea and Opt-Out

- CHYA permits parents/guardians to opt out of “all or part” of comprehensive sexual health and HIV prevention instruction.
- Schools may not facilitate the selective opt-out of lessons that are focused on LGBTQ content.
- CHYA requires that schools integrate LGBTQ people throughout the curriculum and may not isolate this content to specific lessons.
- When applying this to Positive Prevention Plus, to comply with CHYA it is unlawful to opt out of lesson one in middle school and the Getting Started lesson in high school.

Parental notification & opt-out

At the beginning of the school year...*

Notice: Districts must notify parents of the instruction and provide them with opportunities to view the curriculum and other instructional materials.

Opt-out: Districts must also allow parents to remove their student from instruction if they so choose, using a passive consent (“opt-out”) process in which **parents must request in writing** that their student not receive the instruction.

Districts may not require active consent (“opt-in”) by requiring that students return a permission slip in order to receive the instruction.

* Or at time of enrollment, for students enrolling late

1. California Healthy Youth Act (CHYA) 2016 Questions?

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2. Parents

- **Role of parents**
- **Parent options**





We Believe:

Parents/caregivers are their children's primary sexual health educators.



Parents/caregivers and schools can work together to meet the needs of the student community



DSUSD Implementation of Health Curriculum

Middle School

Curriculum provided in 7th and 8th grade science classes

High School

Some content in 9th grade PE courses

Most content in Biology classes

(9th grade semester long Contemporary Health course)



Parent Opt-out Options

Parents **can** Opt-out of **All** Lessons

-14 lessons in Middle School

-14 lessons in High School

-12 lessons for Special Education (MS/HS)



Parent Opt-out Options

Selected Lesson Opt-out Options:

~If parents choose this option:

- you cannot opt-out of Middle School Lesson 1
- you cannot opt-out of the High School "Getting Started" Lesson
- you cannot opt-out of Special Education Lesson I

(EC § 220; Civil Code § 51; Title IX of the Civil Rights Act of 1964, 20 U.S.C. §§ 1681 *et seq.* EC §§ 201, 220, 234.1)



Parent Opt-Out Options

The screenshot shows the Desert Sands Unified School District website. The header includes the district logo, name, phone number (760-777-4200), and address (47380 DUNE PALM BLVD, LA QUANTA, CA 91303). A navigation menu lists: BOARD OF EDUCATION, BUSINESS SERVICES, EDUCATIONAL SERVICES, STUDENT SUPPORT SERVICES, PERSONNEL SERVICES, and SCHOOL SERVICES. The main content area is titled "SNAPSHOTS OF LESSONS" and lists three categories: Middle School, High School, and Special Education. The "Middle School" and "High School" links are circled in red. Below these is a "QUICK LINKS" section with a link to "Back to Health Curriculum Overview". A paragraph describes the Positive Prevention Plus program for special education students. Another paragraph states that special ed staff are trained to modify activities based on student needs, with parent input. At the bottom, a link for "Middle & High School Special Education Lesson Strategies" is circled in red.



Parent Opt Out Options

Want to explore the curriculum further?

Call Educational Services to
schedule an *Appointment*
760-771-8603



Parent Opt-out Options

To Opt-Out, written communication (letter or email) to the Principal must indicate the student will be opting out of:

- ALL Lessons,
- OR**
- Specific lessons by number **except** for
 - MS Lesson I
 - HS "Getting Started" Lesson
 - Special Ed Lesson I



2. Parents Questions?

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3. Notification & Information

- **Parent letters & communication**
- **Resources**



Communication with Parents

At least 14 days prior:

- letters sent from schools with students
- automated call will go out
- letter will also go out via email if set up in School Messenger



Resources

A screenshot of the Desert Sands Unified School District website. The page features a navigation bar with links for Board of Education, Business Services, Administrative Services, Student Support Services, and Personnel Services. The main content area is divided into several sections: 'CONNECT INITIATIVE' with a 'connect' logo, 'STUDENT TRANSFERS' with a photo of a group of people, 'DSUSD LCAP' with a bar chart, 'NOT SO UNDERCOVER SUP', 'VOLUNTEER APPLICATIONS', 'PARENTS & GUARDIANS' (circled in blue), and 'HOW CAN WE REACH YOU?'. On the right side, there is an 'EDUCATIONAL SERVICES' section with a video player showing three people, and a 'DEPARTMENTS' list including Child & School Education Programs, Curriculum, Instruction & Assessment, Early Childhood Education Programs, and High School Support. A 'QUICK LINKS' section also includes 'SCHOOL COUNCIL' (circled in blue), 'New Students & Transfers', 'Professional Development/Workshop', 'Proposals, Requests & Licenses', 'Board Agendas/Board Calendar/Meeting', 'Board News', 'Data-Driven Engagement', and 'More Info'. A 'DOCUMENTS' section is visible at the bottom right. The Desert Sands Unified School District logo is in the top left corner of the website screenshot.

Resources

Desert Sands Unified School District

TEL: 760-377-4000

HEALTH CURRICULUM OVERVIEW

Refer to information regarding the Desert Sands Unified School District's (DSU) Health Education.

FRAMEWORK

California Public Education Code

STANDARDS

Health Education Content Framework for CA Public Schools (K-12)

SUPPLEMENTAL CURRICULUM

Positive Prevention Plus (PPP)
Sexual Health Education for America's Youth
Adolescent Risk Reduction (ARR) for Middle and High School (HS) SRP

Links and resources for Health Needs EDUCATION PLAN

Health Education Curriculum Framework for High School (California Framework Series)

Parent Information Meeting Schedule (Open & Closed)

QUICK LINKS

- Introduction
- Overview
- State
- Page - English
- Additional Resources

3.

Notification & Information

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4. Lesson Review

- Look into a specific lesson



Positive Prevention *PLUS*



CURRICULUM OVERVIEW



Positive Prevention *PLUS*

HOME + CURRICULUM RESEARCH + RESOURCES + TRAININGS NEWS STORE



Welcome.

www.positivepreventionplus.com



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OVERARCHING GOALS AND VALUES

- Promote health, safety, inclusivity, respect, and access to legally available options so that adolescents are able to protect their health



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HISTORY

- Developed in 1993 through a partnership with the American Red Cross, updated regularly
- Underwent a rigorous evaluation from 2010-2015
- Federal Evidence Based Interventions
- Reviewed for CHYA compliance
 - The Adolescent Sexual Health Work Group (ASHWG)— a group of experts from the California Departments of Education and Public Health



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EFFECTIVE FEATURES

- Biomedical information limited to the essential concepts
- Emphasis on social and decision-making skills
- Utilizes modeling and positive peer discussions
- Involves parents
- Variety of learning styles



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PARENTS/CAREGIVERS ARE IMPORTANT

- Appendix B — Parent Information and Education
 - Guidelines for Parents for talking with children/teens about sexuality
 - HIV/AIDS: parent guide to teachable moments
 - Parent communication tips
 - Hints that can help you talk with your child about sex
 - Answers to your sexting questions
 - Parents' influence on health of LGBT Teens
 - And More

AMERICAN JOURNAL OF PUBLIC HEALTH

Conclusions:

- Positive Prevention PLUS program demonstrated positive impacts on adolescent sexual behavior, including significant impacts on delaying sexual intercourse and increasing the use of birth control.
- Suggests that programs that focus on having students practice risk reduction skills may delay sexual activity and increase birth control use.

LaChausse, R. (2016). A clustered randomized controlled trial of the Positive Prevention PLUS adolescent pregnancy prevention program. *American Journal of Public Health*.

STRUCTURE AND MATERIALS

- Content
 - 14 Sessions
 - Appendices online
 - Education Code
 - Online Resources geared towards building and strengthening parent/caregiver communication with their student(s)
 - Online Resources for working with LGBTQ youth



POSITIVE PREVENTION PLUS LESSONS

Middle School:

- Getting Started
- Lesson 1: Understanding Change
- Lesson 2: Exploring Friendships
- Lesson 3: Bullying and Abuse
- Lesson 4: Human Trafficking
- Lesson 5: Preventing an Unplanned Pregnancy
- Lesson 6: Teen Choices and Responsibilities

High School:

- Getting Started
- Lesson 1: Life Planning
- Lesson 2: Healthy Relationships
- Lesson 3: Relationship Abuse
- Lesson 4: Human Trafficking
- Lesson 5: Preventing an Unplanned Pregnancy
- Lesson 6: Teen Choices and Responsibilities

POSITIVE PREVENTION PLUS LESSONS (CONT'D)

Middle School:

- Lesson 7: Myths and Stereotypes about HIV Infection
- Lesson 8: The HIV/AIDS Epidemic
- Lesson 9: Preventing Sexually Transmitted Infections (STI)
- Lesson 10: Recognizing and Reducing the Risks
- Lesson 11: Media and Peer Pressure
- Lesson 12: HIV/STI Testing and Community Resources
- Lesson 13: Goal-Setting

High School:

- Lesson 7: Myths and Stereotypes about HIV Infection
- Lesson 8: The HIV/AIDS Epidemic
- Lesson 9: Preventing Sexually Transmitted Infections (STI)
- Lesson 10: Lesson 10: Recognizing and Reducing the Risks
- Lesson 11: Media and Peer Pressure
- Lesson 12: HIV/STI Testing and Community Resources
- Lesson 13: Steps to Success

POSITIVE PREVENTION PLUS HIGH SCHOOL LESSON 5 POWERPOINT PRESENTATION

POSITIVE PREVENTION PLUS MIDDLE SCHOOL LESSON 1 POWERPOINT PRESENTATION



4. Lesson Review

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PLEASE FILL OUT FEEDBACK SURVEY

Go to the following survey link:

<https://tinyurl.com/P3PWFB>

OR

Use your cell phone QR Reader:



Thank you

